



# SET YOURSELF APART

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what works for women in law

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Sponsored by the  
Wyoming State Bar

Women's Legal Forum  
April 16 - 17, 2015  
Holiday Inn  
Cody, Wyoming

# Thursday, April 16th

11:30 a.m.

## Registration Opens

12:30 - 2:30 p.m.

## Learning to Lead: What Really Works for Women in Law

### Gindi Vincent

ExxonMobil Corporation  
Spring, Texas

**H**ave you ever wondered if you could become a better leader? Have you ever felt stymied on your current career path? Have you ever struggled with the concepts of taking risks and building essential relationships?

Then join Gindi Vincent, author of *Learning to Lead*, at this strategy session on leadership essentials. Half lecture, half interactive, Learning to Lead will guide you through tips and techniques on how to lead more effectively, develop critical relationships, take savvy risks, and keep your sanity through it all.

2:30 - 2:45 p.m.

## Break

2:45 - 5:00 p.m.

## The Grit Project

### Christina Huszcza

Tucker Ellis LLP  
Denver, Colorado

**T**he Grit Project educates women lawyers about the science behind grit and growth mindset - two important traits that many successful women lawyers have in common. By providing the tools to assess and learn these traits, the Grit Project enhances the effectiveness as well as the retention and promotion of women lawyers.

5:30 p.m.

## Ladies Night Out!

### Chamberlin Inn

1032 12th Street

**J**oin your friends and colleagues at the historical Chamberlin Inn in downtown Cody for an informal evening of cocktails and hors d'oeuvres.

Beautifully restored since 2005 by Cody residents, Ev and Susan Diehl, the historic Chamberlin Inn began as a boarding house built more than a century ago by Agnes (Aggie) Chamberlin. Ms. Chamberlin moved from Kansas to Cody in 1900 to work for William F. Cody ("Buffalo Bill") at the Cody Enterprise, the newspaper he founded. During the decade that followed, a series of additions to Ms. Chamberlin's boarding house were made. Eventually, it became the Chamberlin Hotel. The charming, original Cody courthouse occupies a corner of the property.

Ms. Chamberlin was a pillar of the Cody community for more than forty years. She founded the Cody Country Chamber of Commerce, the Buffalo Bill Memorial Association and the Cody Women's Club. An accomplished pianist, she chartered the Cody Music Club. She was instrumental in the building of the Methodist and Presbyterian churches in town and later donated land for the Cody airport. Agnes helped dedicate KODI, Cody's first AM radio station, just prior to her death in 1947.

During the 1920's and 30's, the Chamberlin Inn was the place to stay in Cody. The inn's registers display the signatures of numerous actors, authors, politicians, opera singers, movie stars, and tycoons. Ernest Hemingway was a guest in 1932, shortly after he completed the manuscript for *Death in the Afternoon*, which Hemingway mailed to his publishers from the Cody post office after a day of fishing on the Clark's Fork River. One of the rooms at the inn has been wonderfully restored in memory of Hemingway's inimitable lifestyle.

# Friday, April 17th

7:00 - 8:00 a.m.

## Yoga For Lawyers

**Maryt Fredrickson**

Jackson, Wyoming

**M**ental health, physical health and stress management are important components of law practice management. Yoga provides a variety of techniques to manage each. This class will begin with approximately 30 minutes of morning yoga followed by three small yoga sessions, each designed to support three issues lawyers tend to confront. **YOGA AT YOUR DESK** will include yoga postures you can do in your office to counteract certain physical symptoms that can result from sedentary desk work. **YOGA FOR ENERGY** includes postures and breathing exercises to bring energy and oxygen to our bodies and our minds when, for example, we are working late to finish a brief or to prepare for trial and we are just not able to get the rest we would prefer. **YOGA FOR INSOMNIA** will feature techniques that help break the cycle of obsessive worry, tension, and the resulting interrupted sleep that many attorneys regularly face during the practice of law.

This class is designed for all levels of yoga experience - from the person who has never done yoga to experienced yoga students. Wear comfortable clothes. Yoga mats will be available but if you have a yoga mat (or a spare to share!), please bring one.

8:00 - 9:00 a.m.

## Breakfast Buffet

9:00 - 10:00 a.m.

## Lawyers Without Borders: The Importance of Boundaries in Client Relations

**Hon. Shelley Cundiff**

Circuit Court Judge  
Sheridan, Wyoming

**Mark W. Gifford**

Office of Bar Counsel  
Cheyenne, Wyoming

**Ericka S. Smith**

Smith Tortorich LLC  
Cheyenne, Wyoming

**A** panel comprised of a judge, disciplinary counsel and a seasoned practitioner with a recent bad experience with a stalker/client, will lead a spirited discussion of the importance of establishing and maintaining appropriate boundaries with clients, safeguarding personal information, the risks to personal safety posed by alternative practice forms (e.g., practicing from a home office), and the costs to all concerned when boundaries are crossed.

10:00 - 10:15 a.m.

## Break



# Friday, April 17th, cont.

10:15 a.m. - 12:15 p.m.

## **Narcissism in the Law: Counteracting the 9% of the Population Who Can Cause 90% of Your Problems**

### **Lisa A. Marcy**

Marcy Law Firm  
Salt Lake City, Utah

### **Tina M. Weber**

Law Office of Tina M. Weber, LLC  
Exton, Pennsylvania

**Y**our opposing counsel, your own client, expert witness, opposing party, and even your law partner might be charming, believable, able to cover tracks, a great storyteller, always three steps ahead of you, a Shakespearean actor, an astounding enemy, and determined to destroy you.

Learn how to effectively:

- identify the narcissist - who may be closer than you think
- defend your client (and yourself) from their destructive behavior
- maintain zealous advocacy for a narcissistic client
- counteract the behavior of opposing counsel or witness at deposition or trial - and turn it to your advantage
- recognize and work successfully with narcissistic co-counsel

12:15 - 1:15 p.m.

## **Lunch**



1:30 - 2:30 p.m.

## **Legal Writing: Feedback From Those Who Read Your Writing**

### **Hon. Steven R. Cranfill**

District Court Judge  
Cody, Wyoming

### **Hon. Shelley A. Cundiff**

Circuit Court Judge  
Sheridan, Wyoming

### **Hon. Kate M. Fox**

Wyoming Supreme Court  
Cheyenne, Wyoming

**H**ow effective are the briefs you file in Wyoming courts? A panel of judges from Circuit Court, District Court, and the Supreme Court will tell you what works and what doesn't from their perspectives, and give you tips on effective writing.

2:30 - 2:45 p.m.

## **Break**

2:45 - 3:45 p.m.

## **Women in the Judiciary**

### **Hon. Kate M. Fox**

Wyoming Supreme Court  
Cheyenne, Wyoming

### **Tonia Grdina**

Judicial Nominating Commission  
(2004 - 2008)  
Cody, Wyoming

### **Hon. Catherine E. Wilking**

District Court Judge  
Casper, Wyoming

**T**he ratio of active Wyoming attorneys is about 1:2 female:male, while the ratio of judges in all courts is 1:5. In the past five years women have been applying for judgeships roughly in proportion to their bar membership, and they have had more success in being selected than ever before, but they are still not being selected proportionally (1:3). The panel will discuss some theories on why this is, and give practical tips for successfully applying and making it through the judicial nominating process.

# Speakers

## **Hon. Steven R. Cranfill**

District Court Judge  
Cody, Wyoming

Hon. Steven R. Cranfill is a Judge in the Fifth Judicial District Court in the State of Wyoming. He received his B.A. from Weber State College, where he majored in Psychology and minored in Police Science. He received his J.D. from the University of the Pacific McGeorge School of Law. Before becoming a judge, he was in private practice in Cody, Wyoming, with the firm McCarty & Cranfill and, later, in the Law Office of Steven Cranfill. He briefly served as Vice President of the Wyoming State Bar in 2006 before being appointed to the Fifth Judicial District. He was President of the Park County Bar Association in 1996 and the Wyoming State Bar Foundation in 2004. He is active in the Cody community, and is a former trustee of the Buffalo Bill Center of the West. Previously, he has served as Board Chairman of Northwest College, The Wyoming State House of Representatives, and the Washakie County School District Board of Trustees.

## **Hon. Shelley A. Cundiff**

Circuit Court Judge  
Sheridan, Wyoming

Shelley A Cundiff was appointed by Governor Matt Mead to fill the vacancy created by the retirement of Judge John Sampson. Judge Cundiff was sworn into office January 2, 2013. She received her B.S and M.S. from Oklahoma State University in 1981 and 1983, respectively. She received her J.D. from the University of Tulsa Law School in 1989. She began her career with Legal Services of Eastern Oklahoma followed by private practice with the firm of Waren and Cundiff in Poteau, Oklahoma from 1993 to 2003. Her solo law practice was located in Dayton, Wyoming from 2003 until her appointment to the Fourth Judicial District Circuit Court.

## **Hon. Kate M. Fox**

Wyoming Supreme Court Justice  
Cheyenne, Wyoming

Kate M. Fox was appointed to the Wyoming Supreme Court by Governor Matt Mead and was sworn in January 2014. Prior to her appointment, Justice Fox was in private practice with Davis &

Cannon, LLP. She joined the firm after serving for one year as law clerk to Federal District Court Judge Clarence A. Brimmer. She received her J.D. with honor from the University of Wyoming School of Law and her B.A. with honor from the University of Wyoming.

## **Maryt L. Fredrickson**

Ninth Judicial District Court  
Jackson, Wyoming

Maryt Fredrickson is the law clerk for the Honorable Timothy C. Day in Wyoming's Ninth Judicial District. Maryt graduated from the University of Wyoming College of Law in 2010. She completed her yoga teacher training at Blossom Yoga in Laramie in 2012. She spent four months in 2014 studying yoga at several yoga centers and yoga ashrams in India and Nepal. Prior to joining Judge Day's chambers in the fall of 2014, Maryt was an associate at the Cheyenne office of Holland & Hart LLP where she focused on environmental compliance and natural resources law. Maryt has taught Yoga for Lawyers at the Young Lawyers Conference, the Wyoming State Bar's Annual Conference, and for the Teton County Bar Association.

## **Mark W. Gifford**

Office of Bar Counsel  
Cheyenne, Wyoming

Mark W. Gifford is Bar Counsel for the Wyoming State Bar. He is a Wyoming native who received his bachelor's degree in accounting from the University of Wyoming in 1978 and his law degree from Stanford University in 1981. After 30 years of practice as a trial lawyer and mediator, Gifford took the position of Bar Counsel on a part-time basis in 2011 and became full-time in October 2013. In addition to attorney discipline, Gifford's responsibilities include Unauthorized Practice of Law, Fee Dispute Resolution and Clients' Security Fund. He was instrumental in getting Wyoming's Lawyer Assistance Program launched in 2014.

## **Tonia Grdina**

Judicial Nominating Commission (2004 - 2008)  
Cody, Wyoming

Tonia Grdina currently works as a bookkeeper for a small, independent oil and gas company headquartered in Cody, a job she has held since 2007. She was privileged to serve on the judicial nominating commission from 2004-2008. Tonia graduated summa cum laude from Cleveland State University in 1984 with a B.A. in sociology and has prior work experience as a paralegal and in the criminal clerk's office of a major metropolitan area.

### **Lisa A. Marcy**

Marcy Law Firm  
Salt Lake City, Utah

Lisa A. Marcy manages the Salt Lake office of Aaron & Gianna, rated a Best Law Firm by *U.S. News & World Reports* and *Best Lawyers*.

Lisa serves as Co-Director and Faculty of the National Institute for Trial Advocacy's Gulf Coast Regional Trial and Deposition Programs and as faculty on NITA's National Programs. She has served as Leader and faculty for many ABA trial training programs.

Lisa was listed by *Utah Business Magazine* as one of Utah's 30 Women to Watch in 2012 and one of Utah's Legal Elite in 2013 & 2014. She was nominated for the *Salt Lake Tribune's* "Utahn of the Year" in 2009.

Lisa has more than two decades of varied litigation and regulatory practice including specialties of employment and commercial litigation. She has pioneered innovative methods for teaching and motivating professionals to be successful in the courtroom and the boardroom, in hearings with law partners, legal adversaries and clients. She brings her wide and varied practice to bear in her professional presentations and seminars.

Lisa is a graduate of Hamilton College in New York, received her law degree from the University of Utah School of Law and began her legal career in Paris, France.

### **Ericka S. Smith**

Smith Tortorich LLC  
Cheyenne, Wyoming

Ericka S. Smith is an owner of Smith Tortorich LLC, a private litigation firm in Cheyenne established with her partner, Sam J. Tortorich. She received a bachelor's degree in political science from the University of Wyoming in 1997 and went on to receive her law degree from Wyoming in 2000. During her first 13 years of practice, Ms. Smith worked in varied areas of law including working as an Assistant District Attorney in the First Judicial District, a public defender for the Eighth Judicial District, and practicing civil litigation with Lathrop & Rutledge, P.C. Her practice now is largely criminal defense, having had good success as a criminal defense trial lawyer. In addition, she represents physicians and clinicians facing disciplinary issues with their relative licensing boards, and does a wide range of civil litigation. Ms. Smith is a proud resident of Wyoming and proud mother of Bailey, Winston and Niko, her dogs and cat.

### **Gindi Eckel Vincent**

ExxonMobil Corporation  
Spring, Texas

Gindi Vincent believes that women have limitless capacity to lead and succeed whatever their endeavor. She has spent her career leading and building organizations passionate about empowering women.

In 2014, Gindi served as the President of the Women's Energy Network (WEN) Houston, a 2,000-plus member organization locally, during its 20th Anniversary Year. She has led in various roles in WEN since 2007, including President Elect, Programs Director, and Charity Lunch Chair raising \$150,000 for Aid to Victims of Domestic Abuse, as well as the national liaison for WEN's seven chapters. WEN is a dynamic association for women in the energy industry that fosters career and leadership development through educational, charitable and networking opportunities.

Gindi currently sits as a Director on the Board of the Greater Houston Women's Chamber of Commerce where she supports several leadership initiatives including Houston On Board. She has served as Chair of the 26,000 member Texas Young Lawyers Association, Chair of the Houston Young Lawyer Foundation, Vice President of the Young Audiences of Houston, and on the boards of numerous

other community and non-profit organizations.

Gindi speaks nationally on the topics of leadership, confidence, and finding calm in the midst of chaos. She enjoys connecting with women in various stages of their careers and encouraging them to lead without limits. Gindi believes in dreaming big and relying on your faith to get you through the hard seasons as you relentlessly pursue your passions.

In 2013, Gindi's first book, *Learning to Lead*, was released. She is currently writing her second book on leadership life cycles. She authors a daily blog for working women on themes as diverse as fashion, leadership and faith at [www.gindivincent.com](http://www.gindivincent.com). She served as the 2014 Managing Editor and Contributing Author to the community blog [www.godsizeddreams.com](http://www.godsizeddreams.com) and is a guest contributor for a variety of publications and blog platforms.

Gindi has practiced law for 16 years and currently serves as Counsel for ExxonMobil Corporation where she provides environmental advice for various business lines including downstream, midstream and chemicals. Prior to her tenure at ExxonMobil, she worked at Pillsbury Winthrop Shaw Pittman LLP helping energy companies solve complex environmental challenges. She has been recognized by several organizations for her professional and leadership contributions, including being selected as one of the 50 Most Influential Women in Houston for 2014 and receiving the Outstanding Young Lawyer of Houston and Pillsbury's Working Mother of the Year awards. Gindi received her J.D. from Vanderbilt Law School, B.A. from Ouachita Baptist University, and studied abroad at University of Oxford's Magdalen College and Moscow State University.

### **Tina M. Weber**

Tina M. Weber Law Firm, LLC  
Exton, Pennsylvania

Tina M. Weber is a trial attorney in solo practice in Exton, Pennsylvania. Her practice involves general civil and criminal litigation matters including personal injury, family law, Social Security Disability claims, Social Security Retirement claims, criminal matters, contracts, estates and real estate issues. She is experienced in complicated legal issues such as defending mothers accused of Munchausen Syndrome by Proxy; active in the representation of victims of clergy abuse including providing testimony before the

Codes Committee of the NY State Assembly and assisting in the prosecution of pedophiles in NY, PA and Massachusetts.

Tina is a magna cum laude graduate of the State University of New York at Brockport and received her JD from Delaware Law School of Widener University.

### **Hon. Catherine E. Wilking**

District Court Judge  
Casper, Wyoming

Catherine Wilking attended the University of Wyoming for her undergraduate degree and attended the University Of Wyoming College Of Law where she obtained her J.D. in 1996. She was in private practice in Powell, Wyoming with the firm of Copenhaver, Kath, & Kitchen from 1996-1998 where her practice focused on insurance defense. She was an Assistant District Attorney in the Seventh Judicial District from 1998-2005 where she prosecuted felony cases as well as abuse/neglect cases in juvenile court. She was a partner in the firm of Nicolaysen & Wilking from 2005-2010, where her practice focused on business litigation. She was appointed to the District Court bench by Governor Freudenthal in 2010 and has served since February of 2011. Prior to her appointment to the bench, Judge Wilking served as a board member for the Make-A-Wish Foundation of Wyoming; CASA of Natrona County, the Children's Advocacy Project, the Casper Children's Chorale, the Governor's Council on Impaired Driving, and the Juvenile Justice Advisory Council. Judge Wilking previously served on the Natrona County Community Corrections Board, and the Rule 1 Committee. She presently serves on the Wyoming Child Death Review & Prevention Team, the Civil Pattern Jury Instructions Committee, the Permanent Rules Advisory Committee-Juvenile Division, and is the Chair of the Natrona County Court Security Management Committee.



# General Information

## Lodging

All activities for the Women's Legal Forum will take place at the Cody Holiday Inn, with the exception of Thursday's Ladies Night Out. A room block has been set up to ensure the lowest possible rates. Call now to take advantage of the \$99 (plus tax) per night rate. Make sure you mention the Wyoming State Bar to get this rate.

Holiday Inn Cody at Buffalo Bill Village  
1701 Sheridan Avenue  
Cody, Wyoming  
307.587.5555

## Registration

All rates in this registration packet are "Early Bird" registration rates. These rates will be honored until April 8, 2015. Rates will increase by \$50 on April 9, 2015.

Walk-in Registration will be offered at the Women's Legal Forum; however, you will pay higher registration rates. Register early to save on the rate!

## Special Dietary Needs

If you have any special dietary needs, please contact Sharon Wilkinson (see below). She will make every effort to accommodate your needs.

## Cancellation Policy

Registration refunds, less a \$50 processing fee, will be given to registrants who cancel by 5:00 p.m. Friday, April 3, 2015. If notice is received between April 4th and April 9th at 5:00 p.m., refunds will be given less a \$150 processing fee. After April 9th, no refunds or transfers will be granted.

In the event that inclement weather prevents your attendance at the Women's Legal Forum, the Wyoming State Bar will be unable to refund any of your registration costs.

## Questions?

Sharon Wilkinson, Executive Director for the Wyoming State Bar, will be happy to answer any of your questions or address any of your concerns.

Sharon Wilkinson  
307.432.2102  
swilkinson@wyomingbar.org





# General Information

## General Information

Attorney Name \_\_\_\_\_

Attorney # \_\_\_\_\_

Firm \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

## Registration

- Active or Judicial Registration - \$225 (\$275 on April 9, 2015)
- New Active Registration - \$150 (\$200 on April 9, 2015)  
(for attorney practicing five years or less)
- Law Student Registration - \$50 (\$100 on April 9, 2015)
- Non-Member Registration - \$300 (\$350 on April 9, 2015)

I plan to attend the following:

- Ladies Night Out! (Thursday)
- Breakfast Buffet (Friday)
- Lunch (Friday)



## Guest Registration

Guest's Name \_\_\_\_\_

- Ladies Night Out! (Thursday) - \$25
- Breakfast Buffet (Friday) - \$18
- Lunch (Friday) - \$30

## Special Dietary Needs

- Vegetarian
- Other Dietary Restrictions  
(please contact Sharon Wilkinson at swilkinson@wyomingbar.org or 307.432.2102)

## Total Fees Due

\$\$ \_\_\_\_\_

## Payment Options

- Payment Enclosed
- Please charge my credit card

Credit Card Number \_\_\_\_\_

Security Code \_\_\_\_\_

Billing Address \_\_\_\_\_

Expiration Date \_\_\_\_\_

## Return completed form to:

Wyoming State Bar  
P.O. Box 109  
Cheyenne, WY 82003  
Fax: 307.632.3737 (if paying by credit card)